

St. Joseph's National School

May

Newsletter

2023



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Congratulations.

We were delighted to hear the news recently that St. Joseph's has been awarded an SFI Curious Minds Award. The school has provided evidence of children's engagement with STEM in the following areas: Science, Technology, Engineering, Maths and STEM Showcase. Well done to everyone and we are looking forward to receiving our award in June.

Amber Flag Award.

Our Amber flag for the 2022/2023 school year is also on its way. Many thanks to the Amber Flag Committee for the huge commitment in promoting positive mental health by encouraging teamwork and contributions from their peers.

School tours for classes 1st – 6th will take place on Monday 19th of June.

Note: Children in Junior and Senior Infants will not attend school on that day.

1st, 2nd, 3rd: Adventure Golf, Rosscarbery.

4th & 5th: Mardyke Arena.

5th & 6th: Oysterhaven.

School Tours.

Our school tour for our Junior and Senior Infants, to the Model Railway Village, will take place on Wednesday 21st of June.

Dates For Diary: June.

Thurs. 1st: Cork City Sports.

Thurs. 1st: Photography Competition (School Hall)

Mon. 5th: Bank Holiday.

Tues. 6th: Sports Day.

Thurs. 8th: 'Sciath na Scol' Finals in Ahamilla.

Thurs. 8th: Junior Infant 2023 Parent Talk.

Tues. 13th: West Cork Sports Day in Ahamilla.

Tues. 13th: Photography Exhibition in School Hall (6.30-8pm)

Thurs. 15th: Hockey Match in Astra Turf.

Thurs. 22nd: Sixth Class Graduation.

Tues 27th: Summer Holidays (12 Noon)

School Reports.






School reports will be released to Parents on Aladdin on Thursday 15th of June.

Teachers on Placement.



We were delighted to welcome two students, Therese Mc Carthy and Elliot Frank from Mary I Immaculate College. The girls completed their placement in third and fourth classes. Thanks to them for their contribution .

What's on in St. Joseph's in May?

<p>Monday</p> 	<p>Gymnastics with Aoife Mc Cauley. (Juniors – 2nd Class)</p>
<p>Tuesday</p> 	<p>Gymnastics with Aoife Mc Cauley. (Third - Sixth)</p>
<p>Wednesday</p> 	<p>Flute Lessons. Football Coaching in Ahamilla. (Múinteoirí Eileen , Marian, CarolAnne 3-4pm)</p>
<p>Thursday</p> 	<p>Drama with Pam Golden – J. Infants – Sixth. Hockey Training in the Astra Turf. (4th, 5th and 6th Class) Múinteoirí Orlaith and Anna.</p>
<p>Friday</p> 	<p>GAA with Conan. (Junior Infants, Senior Infants , First and Second) Violin Lessons with Geertien O' Leary.</p>

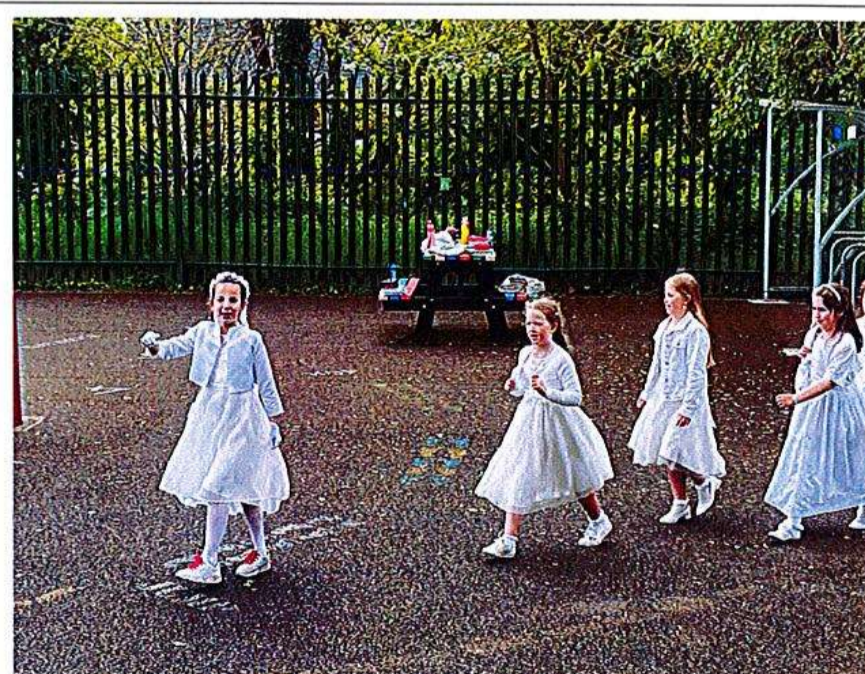
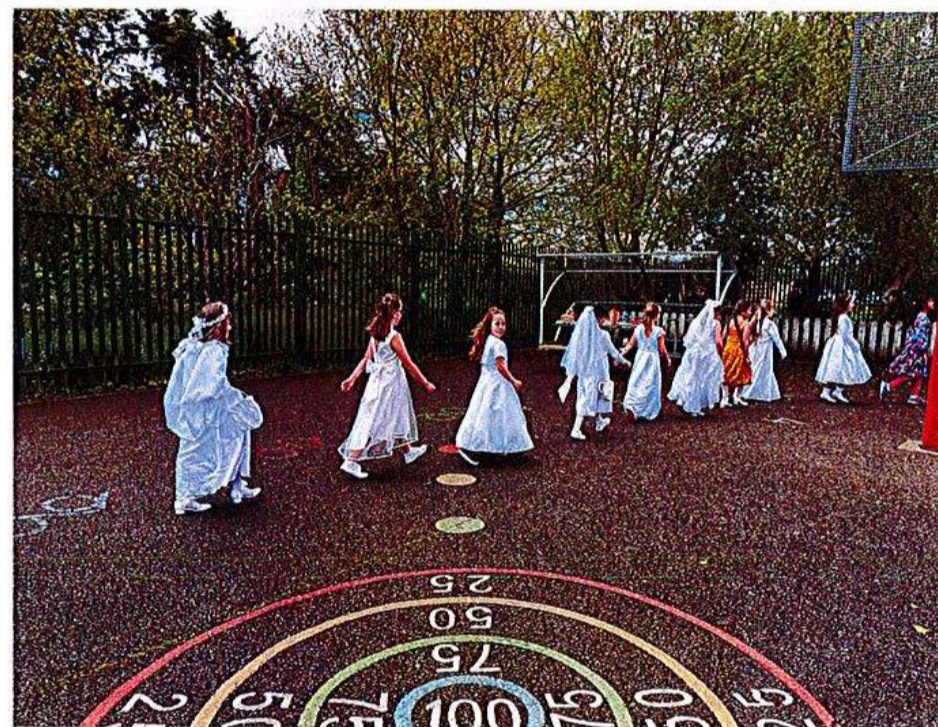
First Holy Communion.



Many thanks to Orla Gallagher (Chairperson of Parents' Association) and her team members who organised the First Holy Communion Party this year. It was a great opportunity for the girls to meet each other and have great fun.

Congratulations to the girls in Second Class who celebrated their First Holy Communion on Saturday 6th of May 2023

First Holy Communion Parade



Congratulations to the girls in Second Class who celebrated their First Holy Communion on Saturday 6th of May.

Active School Week 2023

Active School Week in St. Joseph's took place during the 16th-19th of May. The Department of Education and Skills and Healthy Ireland encourage all schools to organise an Active School Week as part of their annual school calendar. The active School Week is about providing fun and inclusive physical activity opportunities to all members of the school community. date. Beginning with Wake, Up Shake Up activities every morning, the girls in St. Joseph's enjoyed a fun packed week of activities. The girls were encouraged to walk, jog or run one km daily. The weekly activities ie Gymnastics and G.A.A. also continued. The girls participated in ten minutes of active homework daily, Juniors participated in an Art Competition and the Seniors also participated in a Sports Table Quiz. Packed in to the tight schedule were the invited guests, Dan O'Mahony, Caroline Buttimer, Martin White, and Virtual visit from Jacqui Hurley who each brought their own nuggets of wisdom. Overall, Active Week was a tremendous success and enjoyed by all. Many thanks to Múinteoir Marian, Múinteoir CarolAnne and members of the Active Flag Committee Murphy who organised the week's events.

Prizewinners Art Competition.

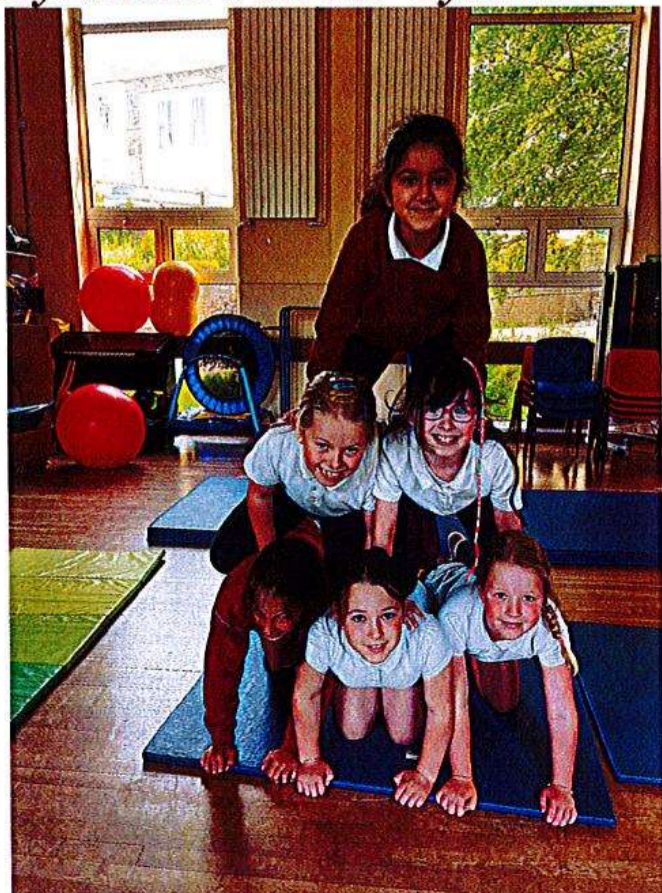


Run Around Ireland Campaign.

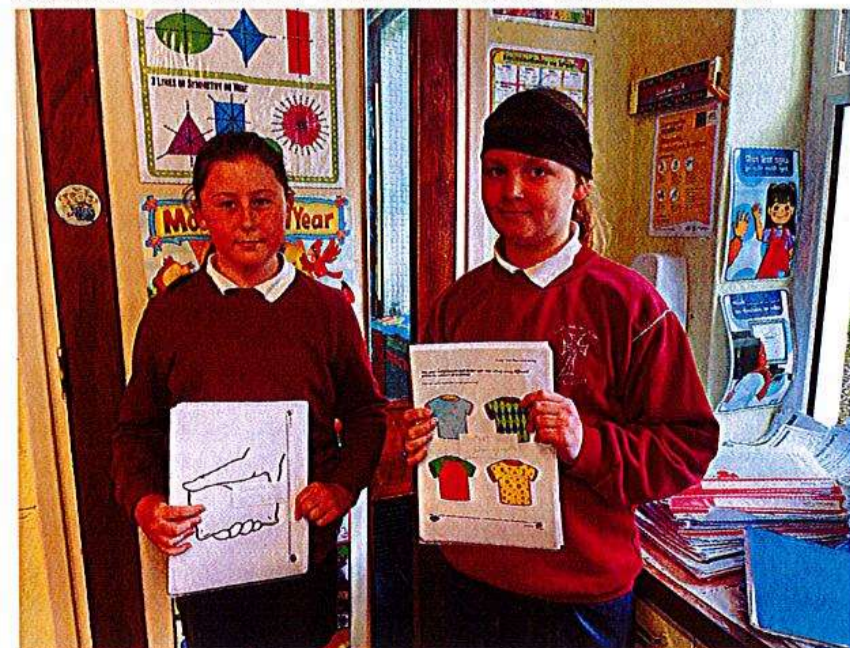


This year the girls in St. Joseph's have embraced the 'Run Around Ireland' Campaign which is encouraged by Active School Flag. During the four weeks of May, the girls in St. Joseph's have made a huge effort to walk, skip or jog 1 km every day. The girls have enjoyed walks around the school environs. Each class record their total laps each week which has introduced more competition this year.

Pyramids with the Gymnasts.

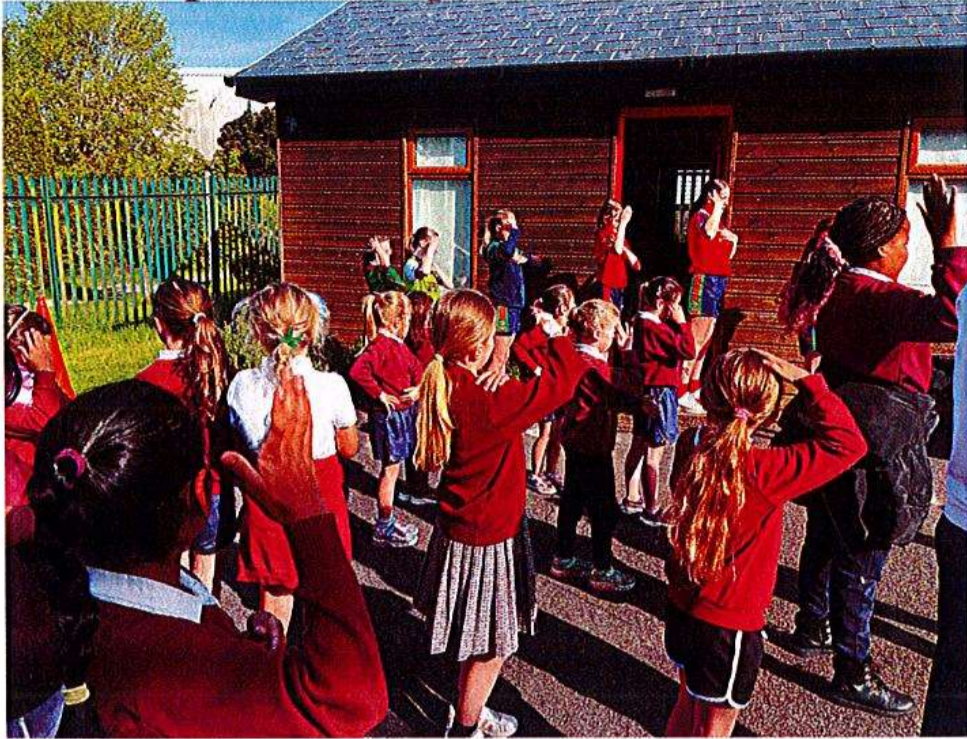


Active School Committee Members.



Active School Week 2023

Wake Up, Shake Up.



Macarena is always a firm favourite.

Virtual Visit from Jacqui Hurley.



Tae Kwon Do with Dan O'Mahony.



Second Class Girls had great fun learning new skills. Lots of work on core strength and co-ordination.

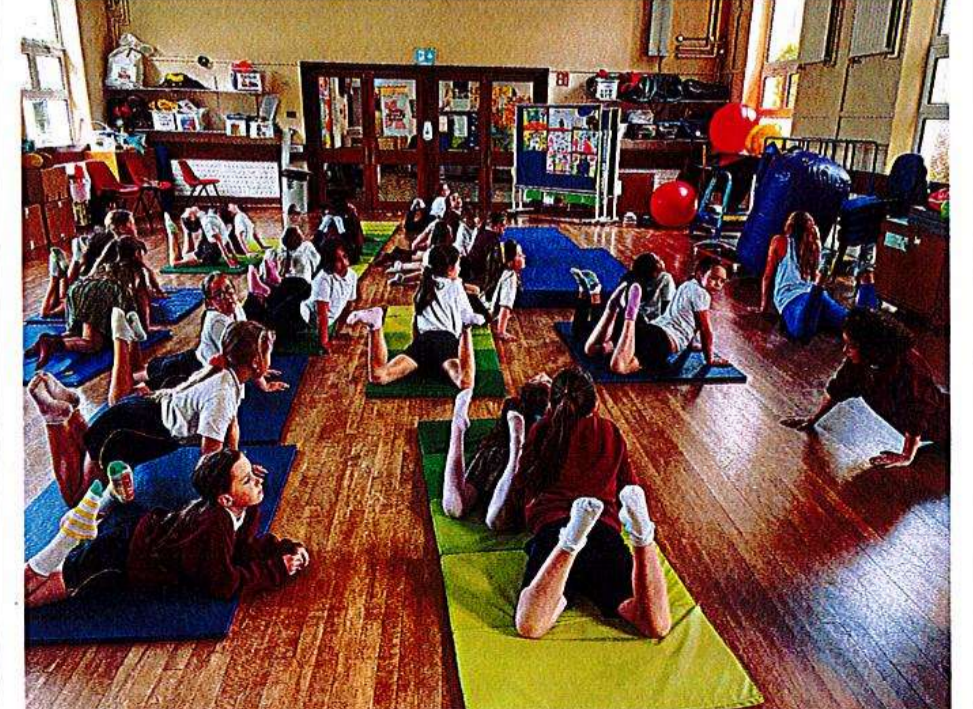


Girls from classes 3rd – 6th listened intently to Jacqui Hurley, a wonderful role model. Her strong message to all was to participate in sport.

GAA with Conan



Gymnastics with Aoife Mc Cauley.



Active Schools

Crab Soccer organised by Sixth Class.



'Take on the Staff' Dodgeball Competition.



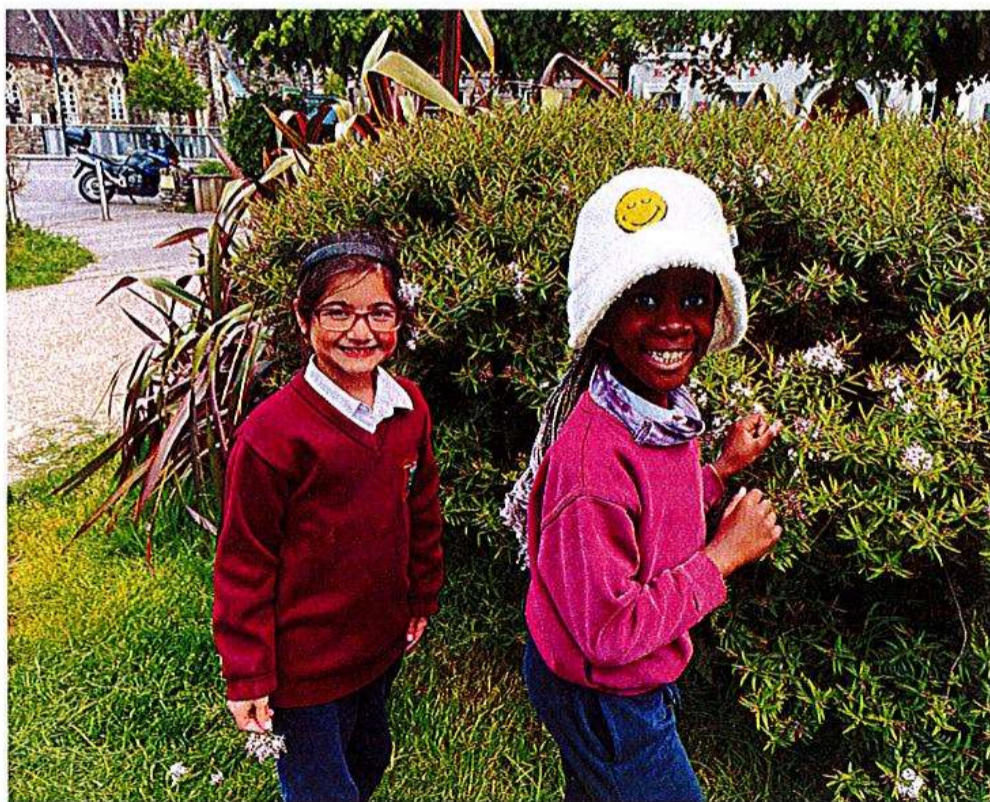
Parachute Activities.



Sixth Class.



This competition is a firm favourite every year. Our very competitive sixth class came out on top this year.



Girls from First and Second Class enjoyed a walk to Kennedy Gardens as part of their efforts to walk, skip or run 1 km in school daily.

Well Done to all girls who embraced Active week with such enthusiasm again this year. Our good weather helped to make all the activities more enjoyable and the added fuel and energy provided by the Food Dudes, fruit and vegetables helped tremendously with its overall success.

Active Schools

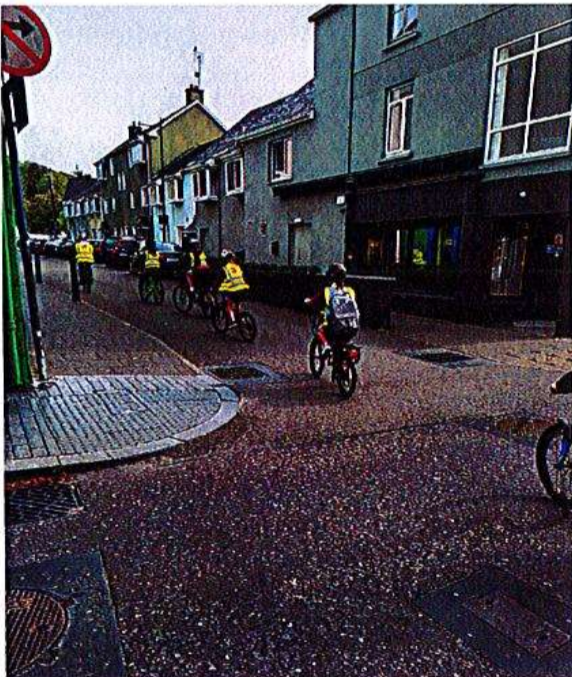
National Bike Week .

This year Bike week took place from Saturday 13th – Sunday 21st of May. It is a celebration and promotion of the benefits of cycling. Many thanks to Múinteoir Orlaith who organised a ‘Cycle to School’ on Friday 19th of May. The girls departed from the Parish Centre and arrived safely in St. Joseph’s. Thanks to local gardaí for their assistance and also to Múinteoir Anna and Múinteoir Marian who accompanied the girls.



Obstacle Course on Bikes/Scooters.

On Wednesday 17th of May there was great excitement amongst our Senior Infant and First Class girls on arrival to school with their bikes on scooters. The girls had great fun participating in an obstacle course led by Múinteoir Anna



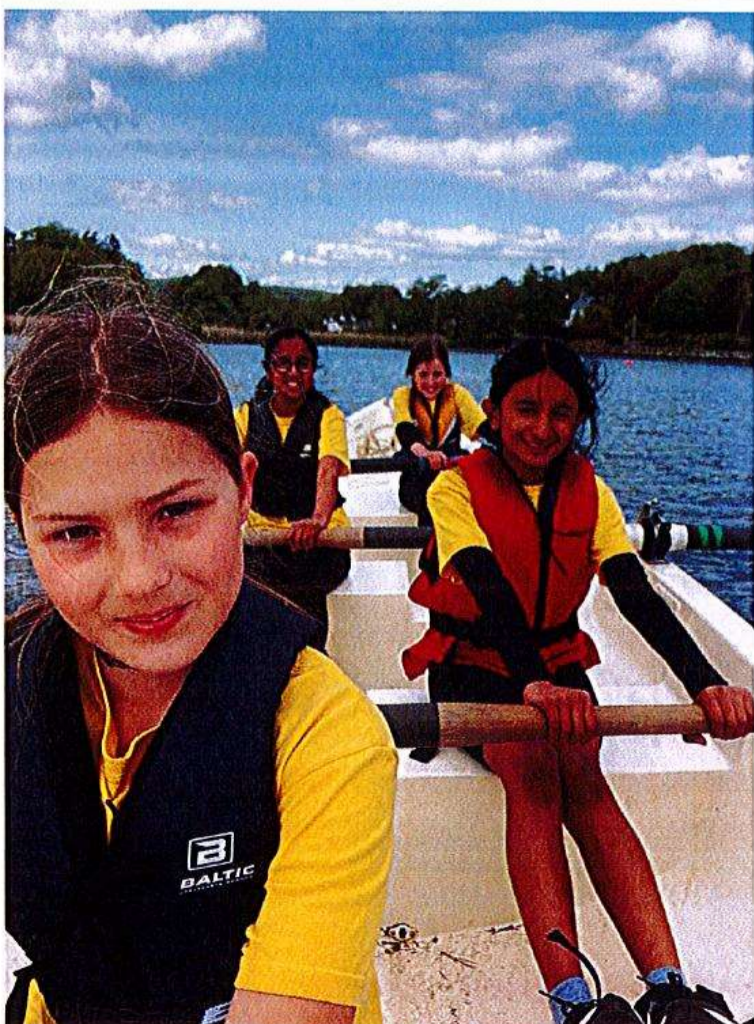
Jersey Day.



Outdoor Pursuits in St. Joseph's



Well Done to the fourth, fifth and sixth class girls who represented St. Joseph's in the South West Rowing Schools regatta at the lagoon in Rosscarbery recently. The Southern Star-sponsored schools' regatta is a great introduction to coastal rowing for primary school children. Many thanks to the local clubs, Ring Rowing Club, Galleyflash Rowing Club, Rosscarbery Rowing Clubs for training the girls ahead of the event and to South West Rowing for organising an excellent event. It was a great opportunity for the girls to test their newly-acquired skills against the opposing teams.



Water Safety.

On Tuesday 15th of May, Angela and Hank Veldman gave a very informative talk on the 'Respect the Water' and 'Float to Live' Campaigns. Firstly they established the different ways of how to find out that a beach is safe for swimming. They drew attention to the flags that are found on beaches in Ireland and the importance of swimming on a beach with a life-guard if possible. The girls learned to recognise the sign if someone is in difficulty and to dial 999 or 112. Finally the girls learned how to float on the water.



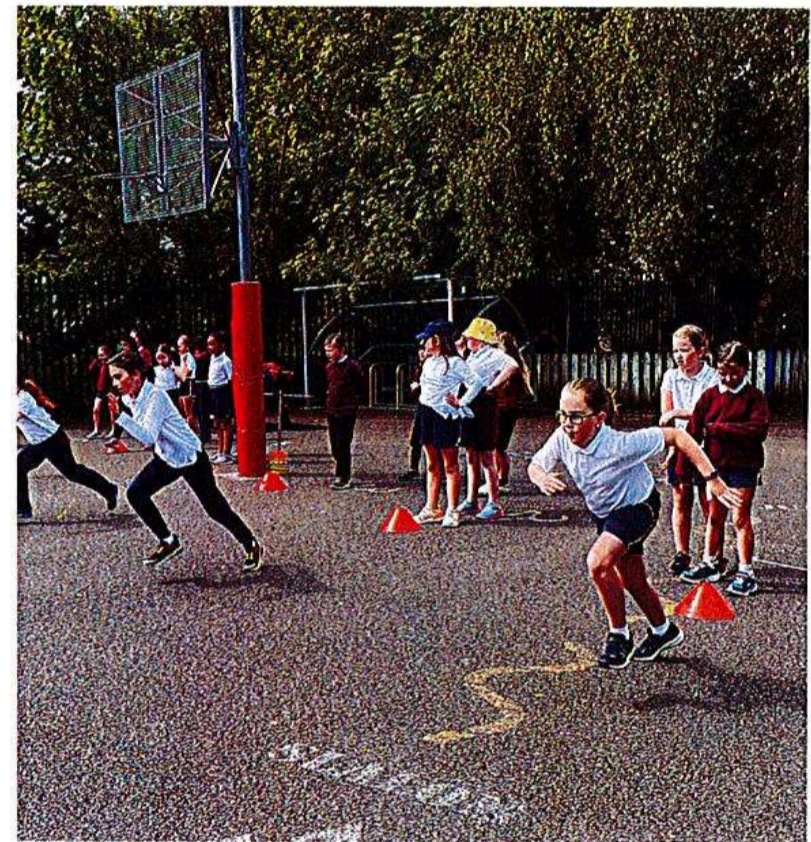
Sport in St. Joseph's



Sciath na Scol.

Training for Sciath na Scol has been underway during the past few weeks in anticipation of the matches scheduled during May. On Wednesday 17th of May the team travelled to Bandon to play two matches. These are fifteen a side games and their first opponents were Bandon N.S. The girls played Newcestown N.S. in the second game and came out worthy winners after two outstanding performances. As always great sportsmanship was displayed and all members of the panel got an opportunity to play. Thanks to Múinteoirí Eileen, CarolAnne, Marian and Máistir Cormac who have helped out with coaching the team. Múinteoir Edel, made a surprise appearance on the sideline and supportive as always. Team Captain, Aisling Crowley (Sixth Class) will lead the team and compete in the final on Thursday 8th of May in Ahamilla. ***Best of Luck in the Final.***

Athletics with Martin White.



Each class enjoyed athletics with Martin White on Tuesday 23rd of May. The girls enjoyed fun games and also learned running techniques ahead of the Cork City Sports Day.



Fifth Class Girls all set for 'Cycle to School Day.



Food Dudes

Food Dudes is an award winning curriculum-linked evidence-based healthy eating programme, developed to encourage children to eat more fresh fruit and vegetables. It is based on repeated tastings of fresh fruit and vegetables, rewards and positive role models. This year our food dudes programme coincided with our active schools week. The new programme included new varieties of fruits and vegetables. The girls tasted the new foods each day while watching short videos on suggestions for healthy snacks . Many thanks to Múinteoir Sarah and members of our student council for organising this initiative in St. Joseph's.



Our Student Council members were busy this week delivering fresh fruit and vegetables to each classroom before small break.



Time to relax at the end of a busy week!!

Art Exhibition

Sixth Class



Inspired Collage.

Junior Infants



Summer is Here!!

Second Class



Boats Sailing on the Sea.

Third Class.



Cherry Blossoms.

Senior Infants



Summer Blooms.

Junior Infants



Design your Favourite Park.

Mad Hair Day

Hair-Raising Event.

Mad Hair Day was another great opportunity for the girls to display their creativity on Friday 5th of May. This is a fundraiser for Pieta House which coincides with the 'Darkness into light' campaign. Many thanks to Múinteoir Sarah and members of the Amber Flag Committee who organised this event in the school. Some of the hair styles did require assistance from willing hands but there was a great array of colour and design on display. The girls had lots of fun and we had some interesting theme hairstyles including Birds' nests, braids, Umbrellas, Cupcakes, flowers, feathers, mushrooms, bottles, balloons, pencils etc and some interesting wigs on display also. A sum of 455 euro was raised for Pieta House.



Congratulations

Cake Sale in St. Joseph's.

Well Done to our Sixth Class Girls who organised a Cake Sale in St. Joseph's recently. All money raised went towards the Junior Entrepreneur Project.



Congratulations.



Congratulations to Kate, Sophie, Iga (First Class) and Nela (Second Class) who won medals in the gymnastic competition, held in Lisavaid recently.

Too Good to Eat!!!



Drama with Pam.



Congratulations to Elena Harrington (5th Class) who competed in a gymnastics competition with West Cork Fitness. Elena achieved second place in both the front flip and hand-spring and came third in a floor routine.

School Activities in St. Joseph's

Gardening Club.



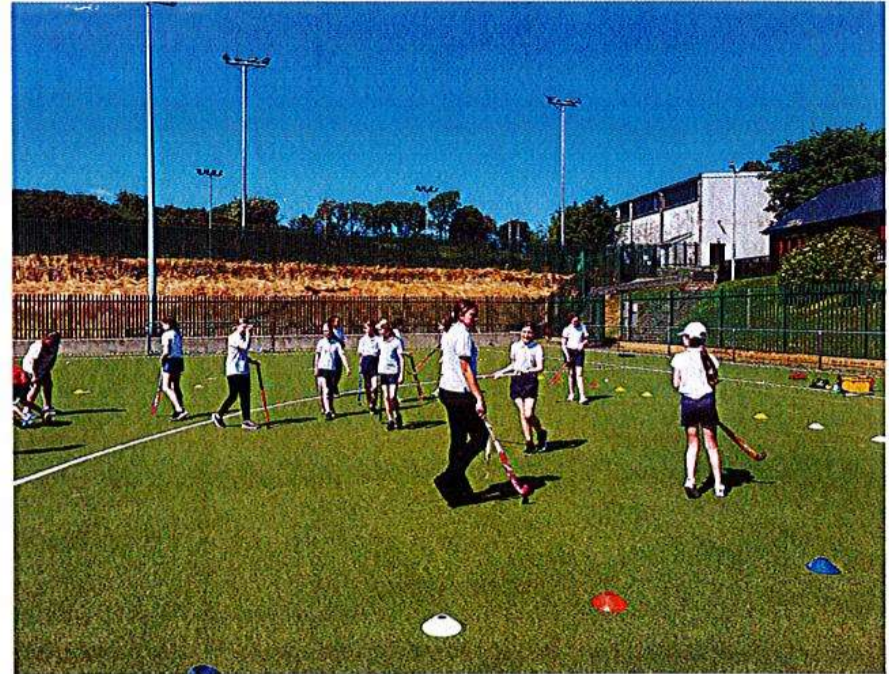
Well Done to Múinteoir Noemi and fourth class girls who are busy planting the raised bed with fruit and vegetables. Lots of watering during the sunny days and lots of attention from our Junior Infant girls every morning.

Pupil of the Month Award for May.

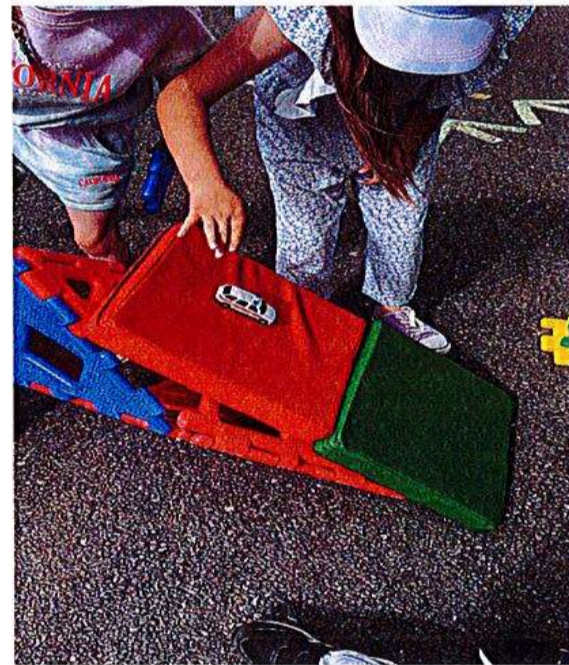


Well Done to our fifth class girls who entertained us at our Assembly on Thursday 31st of May. The girls performed an excerpt from 'In the Land of the Bumbly Boo' By Spike Milligan and sang 'When I Grow Up' from 'Matilda the Musical'

Hockey Training.



Girls in Fourth, Fifth and Sixth Classes enjoying the sunshine as they practise their hockey skills. The girls will team up with students from Knockskeagh National School and play matches on Wednesday 15th of June, in the Astra Turf.



First Class Girls enjoying Aistear in First Class. Exploring Slopes and Friction.

Well Done Fifth Class Girls.

